1 July 2025

WATERWHEEL WAFFLES





Quarterly Newsletter of the Waterwheel Community Shed

(or what's been happening at the Shed recently!)



believe the first edition of your newsletter was well received, so here's number 2!

Some members may not be aware that we have a fairly comprehensive Safety Manual for our Shed, a copy of which is available in the office if you wish to read it all.

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However, to keep you up to date I've included one section from it - Emergency Evacuation Procedure.

My intention is to include one page from it in each issue of your Newsletter, so that you may become familiar over time with the whole document (it is 35 pages long!).

On a different note, I am always looking for content that may be of interest to all members, so if you have something of interest, please let me have it:-)

As a computer nerd, in this month's issue I've included two pages on Phishing (stand easy Len!), a practise that is all too prevalent in this day and age. Just remember, undesirables cannot get information from you unless you give it to them!

ANZAC Day was a highlight of April with the Bedfordale CWA (and Veronica) putting on a very well run and attended second event at the Bedfordale Residents Hall.

I managed to miss the "Gunfire Breakfast" - read on and you'll see why!

We've had five new members join our ranks, Peter, Gareth, Geoff, David and Dom, so please make them all welcome.

FLYING AIGH



Over the last couple of weeks of March, new member Dave Carroll, who was a woodwork teacher in a former life, has been learning the oddities of the Co2 laser burner.

After a few hiccups, David managed to get it just right, so he could burn the roundels on the upper wings of his biplane squadron.

David has made a total of five to be offered for sale at the next Roleystone Markets. (he sold 2:-)

I wish I could work wood that well. Many thanks David.





'm sure all the members of the Shed remembered Mothers Day on 11th May. If not, that explains your absence from the Shed lately!





THIS QUARTER'S MEW MEMBERS

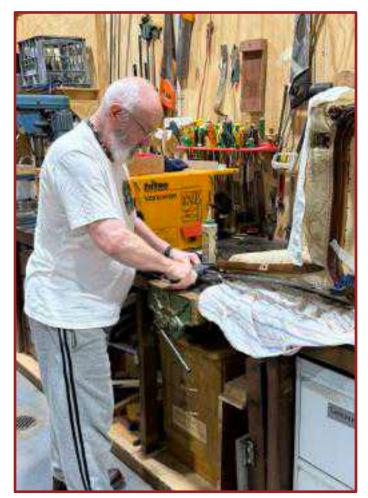


Peter Smith

Whilst walking around the Shed I saw someone working on a chair repair. Sliding over I asked" How's it going Dave?", only to realise it was not David, but a new member, Peter Smith.

Peter only joined on the 1st April, but it looks like he's been put to work straight away on multiple chair repairs!

Well done Peter!





Gareth Watts



Not wishing to sit around with nothing to do, Gareth helps our Steve in the 'Cave of all things' sorting out items from our latest haul from a shed clearance.

Well done for mucking in Gareth!



MEW MEMBERS



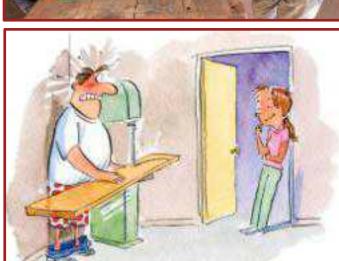
Geoff Britton

GRETA, IAN, DEREK & KEITH FIX A BENCH



This time it's fixing and refurbishing a park bench with paint for the iron and new jarrah slats and surround for the back. This is all ably assisted by Derek, Ian and Keith, who produced an item as good as new. It just shows what teamwork can accomplish.





David Ennis



Dominic "Dom" Dafa

OUR WEW BELT SANDER

Ok, how many men does it take to unload a new belt sander?

Answer, lots!

Seen below is Henry's delivery of the said item and the ensuing organisation to remove it from his Ute and unpack it. Below is our fully installed belt sander, complete with adaptor box to cover the two dust outlets.

None of this would have been possible without a grant from the Roleystone Karragullen Bendigo Bank, and our main supporter, the City of Armadale.

This new machine will permit us to create a finer finish to our woodworking efforts.









2 majo workship, were addit from an



"We're working on unpacking that, but we got distracted playing with the butble wrap."

APRIL MARKET DAY









A pril Market day was a great success with goods to the value of over \$1,000 being snapped up by the large crowd of visitors.

Fortunately the forecast rain stayed away until after everyone had packed up, providing a sunny and not too hot day.

Best sellers for this market were Paul's metal curios, particularly the brightly painted "fishermen" along with Neil's cutout animals. Bright colours and movement seems to

draw the punters! Other good sellers were Henry's 3D printed dragons and fidget objects, which drew the children to our stall (never underestimate "pester power"!)

Among the objects for sale was a bicycle refurbished by Paul. This was one of the donated items from Armadale Police. The price tag was \$50, but who bought it? A very satisfied Len took it away for the bargain price of \$40. What crosscountry work is he going to do on it I wonder?



APRIL MARKET DAY

Roleystone Market 13/04/2025

ITEM	NUMBER	SALE\$
Metal Cutout Animals	11	\$275.00
Metal Rocking Man	4	\$100.00
Bicycle	1	\$40.00
Wooden Aeroplane	2	\$50.00
Metal Bird Feeder	1	\$50.00
Metal Saw Owl	1	\$35.00
Metal Cutout Soldier	1	\$25.00
Metal Helicopter	1	\$15.00
Plastic Dragon	2	\$20.00
Plastic Octopus	2	\$16.00
Plastic Twiddles	3	\$25.00
Wood Clad Pen	1	\$23.00
Possum Box	2	\$130.00
Wood Chopping Board	1	\$25.00
Walking Stick	1	\$20.00
Metal Scorpion	1	\$25.00
Wood Coasters	1	\$25.00
Plastic Shark	1	\$10.00
Plastic Dog	1	\$5.00
Sock Puller	1	\$5.00
Dog Groomer	2	\$10.00
Cat/Mouse Balance	2	\$60.00
Small Jarrah Bowl	1	\$5.00
Wall Clock (Bear)	1	\$75.00
TOTAL		\$1069.00



SHED OPEN DAY



The Shed held an open day on Saturday 26th of April. Visitors were invited to come along and see what we get up to in the Shed and meet some of our members. And if they stayed around, they could enjoy a sausage sizzle later in the morning.



The lady above brought in five of eight dining chairs which had seen better days. Ian looks a bit worried about it! However, David got stuck in and the big fix is on! Three more after these!



Another item we were invited to refurbish was the music box pictured below. As well as bringing it back to life, a new small drawer is required. Thank goodness we have some excellent wood workers!

This is all part of a Repair Shop promotion to give everyone something to get their teeth into!!



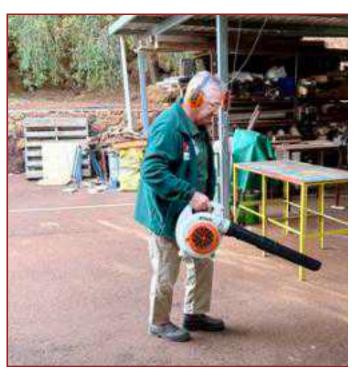
WELCOME BACK GRETA!

After a fairly long absence due to illness, we are very pleased to see one of our long standing members back with us once more. Welcome back Greta!

Here she is hard at work once more, refurbishing the metalwork of an outdoor bench.

Good to see your smile again!

HAVE BLOWER WILL CLEANS



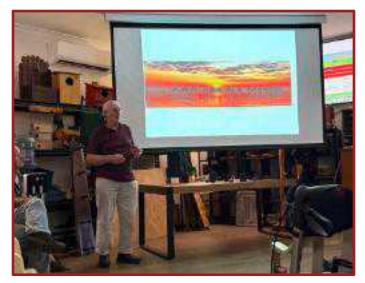
y - that's a big one!

In preparation for the Open Day,
your Shed Supervisor Paul, was hard at
work with his 'super blower' to make the
place look spick and span for our visitors.

We had quite a few, who brought with them yet more chairs!



GUEST SPEAKER IN



Our guest speaker for the March BBQ was Terry Harvey, who gave a most interesting talk about camels and Cameleers.

He described how together they were some of the real pioneers in exploring and connecting greater Australia. Terry explained the attributes of camels, particularly v horses, and how they provided the long range expeditions around the country.

Although the cameleers came from many different ethnic groups and a range of regions - mostly Baluchistan, Kashmir, Sind and Punjab (parts of present-day Pakistan, Afghanistan, north-western India and eastern Iran), with a few from Egypt and Turkey, they were known collectively as Afghans, later shortened to "Ghans".

An extremely fascinating talk well received. Well done Terry!



APRIL'S GUEST SPEAKER

Sadly our guest speaker Malcolm, was not available due to illness, so his talk on Genealogy will have to wait. Get well soon Malcombe.

PROTECT YOUR RIGHTS!



Our guest speaker for May was Robyn of 'Clarity West' who gave a very informative talk on Enduring Power of Attorney / Enduring Power of Guardianship and Advance Health Directive.

With most of us at a certain age, her talk to the assembly of 22 members and guests was well received.

If you would like to know more about any of the above, they are all to be found on the WA Government website **www.**

wa.gov.au



MEN'S MEALTH WEEK

2025



International Men's Health Week is held globally each year, this year **9-15th June**. It serves as a vital reminder of the importance of men's health and encourages communities to support the wellbeing of men and boys.

This week goes beyond just physical health—it also shines a light on mental health and emotional wellbeing. It's a time to address the unique health challenges men face in Australia and around the world, and to promote activities and habits that can benefit their health all year long.

With nationwide events, campaigns, and discussions, Men's Health Week sparks awareness and encourages action to improve health outcomes for men and boys.

This year's theme is See Your GP

This year's theme — See Your GP— is designed to encourage timely check-ups and preventative care, with a focus on reducing avoidable illness through early intervention.

The Challenge

Two-thirds of Australian men put off seeing a doctor when they notice a health issue, often trying to manage it themselves or waiting until it worsens. This hesitation means missed chances for early intervention — turning small concerns into bigger, harder-to-treat

problems.

The Opportunity

We have a chance to shift the conversation and change behaviours. By empowering men to take action sooner, we can help prevent serious health issues before they escalate.

Men's Health Week Events to be run in or around Men's Health Week: 09 to June 15 June 2025.

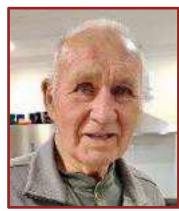
BEDFORDALE MARKETS





Steve, ably
Sassisted by
Gary and Keith,
managed a very
respectable sale
of items to the
sum of \$290 at
the May
Bedfordale
Market day.

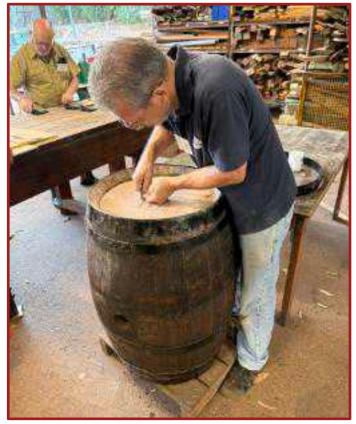
Once again items with a cost price of around \$25 were popular, but well spread over our range.



Bedfordale Market 10/05/2025

Sales	Cash	Card
3D Printed Owl		\$25.00
Planter Box with tap	\$75.00	
Wooden Biplane	\$20,00	
Cutting Board	\$35.00	
Metal Balancing Man	\$35.00	
Metal Anmal Cutout		\$25.00
Set of Bird Coasters	\$25.00	
Set of Animal Coasters	\$25.00	
Metal Gecko Culout	\$25.00	
	\$240.00	\$50.00
Total Sales	\$290.00	

RESTORATION BARRELI



What is Steve Smith up to? Well, if you've ever wanted to see the hand restoration of an old wine barrel, lean over his shoulder.

Reconditioned wine barrels can go for up to \$450, so I hope we are charging enough!

Another item in the eclectic goods brought into us for refurbish.







I'm pleased to report the lady who owned the barrel, also bought a set of bespoke coasters to go with with the barrel as a gift for a relative!

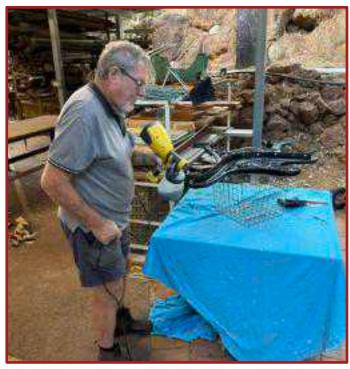


Everyone is a critic!

WHO DONE IT?



LARRY'S PARK BENCH



arry seen concentrating on respraying one of the cast iron park bench ends we have.

The complete set of two benches and a table will be offered for sale when finished, to raise funds for the Shed.

See "Trash to Treasure", page 10.

OK, who did it? Who is involved in the "Great Coffee Cup Heist?"

Henry has been forced to use what looks like a kindergarten cup, for his morning java. I do hope his usual cup hasn't been broken!



DAVE AT WORK



Now he's mastered the CO2 laser, Dave is onto pastures new, by honing his skills on 3D printing!

I spotted him deep in thought in the recreation room delving into the intricacies of "Thingiverse".

If you haven't got an item that does what you want, make one with the aid of the 3d printer. Here David is designing a vacuum hose holder to remove debris when doing small woodworking on a bench at home.

WHAT HAVE WE HAVE

Six stalwart Shedders sift through a collection of screwdrivers, tree trimmer, bolt cutters and pipe expanders!

These were just some of the items from a recent shed collection, which also included a new shade sail.

It's planned to remove the small one we have over the entry door and replace it with a nice square (no holes either) one, to provide a greater shaded area outside the Shed next to the outdoor working area.



PAUL'S PRODUCTION LINE



Believe it or not, this is the start of a monster tipping bird!

Paul's decided to go upsize on his mechanical moving marvels. Henry is considering buying a bigger trailer to get them all to Market!

I would have a picture of the finished article, but Bear snapped it up before the paint was dry!



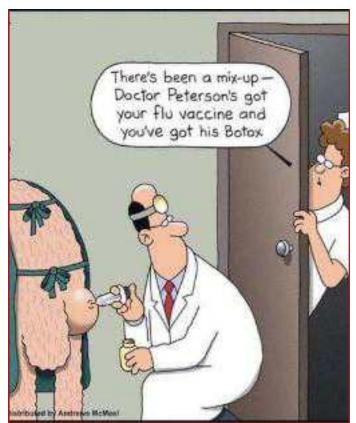
A second 'dipping bird'

MALCOMBE AT WORK

Malcombe (now better) spotted in the workshop fixing an occasional table. The legs were broken, but now have a new lease of life.

In case you didn't know, Malcombe is also our master tailor who attaches all the club and sponsors badges to our shirts and jackets.

Once again, a Shed member who is multi-talented.



TRASH TO TREASURE



ook what happens when you are given a rotted out garden picnic table and benches!

Thanks to Larry and Ian and a lot of hard work, the set you see above was fully restored to it's former glory and has recently sold for \$450, with all the proceeds going to the Shed.

Thanks guys for all the hard work time put into this great project, with a fantastic outcome.

BEANS MEANS MICK!



On Thursday 22 May, members at the Shed enjoyed the culinary delights of an early lunch of Boston baked beans, with BBQ bread to soak up the rich sauce. Thanks to Mick, our resident chef (with a little help from lan), for organising and preparing the meal.

STREAMLINING OUR PROCEDURE FOR THE REPAIR SHOP

Committee, Henry has drafted the flow this chart for the Repair Shop.

As you all may be aware there seems little coordination between the workshop and office when it comes to repairs coming in from the public.

The office side of life are often unaware of repairs coming into the shed, until either the owner calls making an inquiry, or the item is repaired and we are asked to contact the owner.

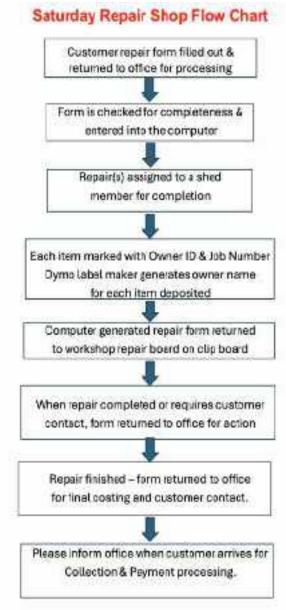
Without the repairs being entered into the computer database, we have no other record of the items being brought in for repairs. Lost or misplaced repair forms are not uncommon.

Henry also noted on Thursday 15th June, there was confusion over which chairs belonged to which owners, when they were to be picked up.

It is suggested that the Dymo label maker be used to mark each item as it is accepted.

Lambs to the left of me. Mutton to the right. Here I am. Stuck in the middle with ewe.

This may seem quite tedious, but will help everyone in the long run. It will also make the tracking of income from the Repair Shop items a whole lot easier!





EVACUATION PROCEDURES?



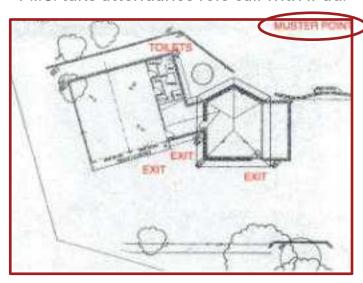
If the emergency alarm were to go off, do you know what to do?

Each month I will bring you up to date with an item from the Shed's Emergency Procedures Manual (You didn't know we had one?)

This month I'll start with building emergency evacuation. This will be brought to you attention by the sounding of the emergency alarm horn.

The 'Shed Emergency Procedures' state that in the event of the need to evacuate the building, you should:

- Shut down all equipment (use the emergency STOP button red).
- ·Turn off any gas cylinders.
- Take personal possessions (if safe to do so).
- · Calmly leave by the nearest safe exit.
- Move to the Evacuation Assembly Point On the grassed area next to the Shed
- · Await further instructions.
- · P.I.C. take attendance role call with iPad.



DON'T THINK MEIL LIKED THE SANDWICHES!

One day in hospital, and Neil is back at the Shed!

Unfortunately he had to go for an operation on his right big toe, which will see him in a 'moon shoe' for at least two weeks.

Judging by the expression on his face, the sandwiches in hospital didn't come up to expectation, or was he just missing us already?

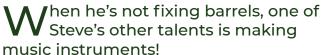
Anyway, he's back hard at work putting together the Roleystone Community Centre sign (see other article), before he goes on holiday.

(Tip to all - stay on his left side as he won't want to make contact with you with his poorly toe - it hurts like hell!)



STEVE THE MUSIC MAKER





Steve recently showed me his latest production, a beautiful all hand made Ukulele.

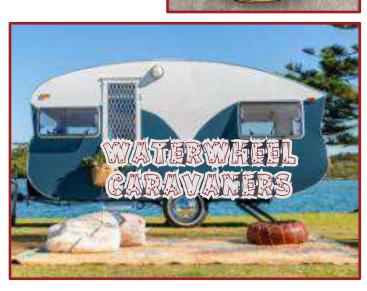
As you can see from the pictures, Steve has put an awful lot of time (three months) into producing a wonderfully detailed Uke, with very sympathetic use of types of wood and wood grains. Of note is the bridge which is a flying eagle. Wonderful!

Steve told me this one is destined for a relative "Over East", and he will soon be starting his next venture - a full size six string guitar! Steve has made an electric guitar in the past, but wants to go unplugged!

I can only say that if it looks as good and sound as good as the Uke, Steve will have produced a winner.

Can we will all look forward to a recital upon its' completion Steve?





ANZAC DAY 2025





Bedfordale CWA held their second annual ANZAC Day on Friday 25th April.

This second occasion was very well run and attended by locals and from others further afield.

From their Facebook Page:

Bedfordale CWA will be hosting an Anzac Day Dawn Service for all the Community to attend at the Churchman Brook Community Centre, Waterwheel Road, Bedfordale with the service commencing at 5.55am.

We are paying a special tribute to past Bedfordale residents who served in WW1 and WW2 and sacrificed their lives for their Country.

Bacon and Egg Rolls, tea and coffee will be available after the service for a Gold Coin Donation. Further merchandise will be available for purchase on the day (eftpos will be available as a payment method).

If you do live local, please walk or bike to the event as parking will be at a premium.

We hope you can join us and pay respects to those that served our Country and Local Community.

As Henry was unavailable to attend, I was asked to place a wreath of poppies on behalf of the Shed. What could go wrong?

I don't recommend setting your alarm clock one hour late! Fortunately, I woke some 30 minutes before the ceremony started, and made it there with 5 minutes to spare!

The service was very well conducted, and

a pleasure to attend.

I managed to say hello to Hugh Jones MLA and Andrew Hastie MP, as well as catch up with Veronica, who besides being our Vice President, rushed off to help with the CWA at the "Gunfire Breakfast".





LEST WE FORGET

WHAT IS PHISHING?



What is Phishing?

Phishing scams are attempts by scammers to trick you into giving out personal information such as your bank account numbers, passwords and credit card numbers.

How does this scam work?

A scammer contacts you out of the blue pretending to be from a legitimate business such as a bank, telephone or internet service provider. You may be contacted by email, social media, phone call, or text message.

1. Email phishing

Most phishing attacks are sent by email. The crook will register a fake domain that mimics a genuine organisation and sends thousands of generic requests.

The fake domain often involves character substitution, like using 'r' and 'n' next to each other to create 'rn' instead of 'm'.

In other cases, the fraudsters create a unique domain that includes the legitimate organisation's name in the URL. The example below is sent from 'olivia@amazonsupport.com'.



The recipient might see the word 'Amazon' in the sender's address and assume that it was a genuine email.

There are many ways to spot a phishing email, but as a general rule, you should always check the email address of a message that asks you to click a link or download an attachment.

2. Spear phishing

There are two other, more sophisticated, types of phishing involving email.

The first, spear phishing, describes malicious emails sent to a specific person. Criminals who do this will already have some or all of the following information about the victim:

Their name.
Place of employment.
Job title.
Email address; and
Specific information about their job role.

You can see in the example below how much more convincing spear phishing emails are compared to standard scams.



The fraudster has the wherewithal to address the individual by name and (presumably) knows that their job role involves making bank transfers on behalf of the company.

The informality of the email also suggests that the sender is a native English speaker and creates the sense that this is a real message rather than a template.

3. Whaling

Whaling attacks are even more targeted, taking aim at senior executives. Although the end goal of whaling is the same as any other kind of phishing attack, the

technique tends to be a lot subtler.

Tricks such as fake links and malicious URLs aren't helpful in this instance, as criminals are attempting to imitate senior staff.

Whaling emails also commonly use the pretext of a busy CEO who wants an employee to do them a favour.



Emails such as the above might not be as sophisticated as spear phishing emails, but they play on employees' willingness to follow instructions from their boss.

Recipients might suspect that something is amiss but are too afraid to confront the sender to suggest that they are being unprofessional.

4. Smishing and vishing

With both smishing and vishing, telephones replace emails as the method of communication.

Smishing involves criminals sending text messages (the content of which is much the same as with email phishing), and vishing involves a telephone conversation.

One of the most common smishing pretexts are messages supposedly from your bank alerting you to suspicious activity.

HSBC ALERT: Request for NEW payee MR D FRASER has been made on your account. If this was NOT done by you, visit: hs-internet-cancel-payees.com/login

In this example, the message suggests

Edition No.2

that you have been the victim of fraud and tells you to follow a link to prevent further damage. However, the link directs the recipient to a website controlled by the fraudster and designed to capture your banking details.

5. Angler phishing

A relatively new attack vector, social media offers several ways for criminals to trick people. Fake URLs; cloned websites, posts, and tweets; and instant messaging (which is essentially the same as smishing) can all be used to persuade people to divulge sensitive information or download malware.

Alternatively, criminals can use the data that people willingly post on social media to create highly targeted attacks.

As this example demonstrates, angler phishing is often made possible due to the number of people containing organisations directly on social media with complaints.

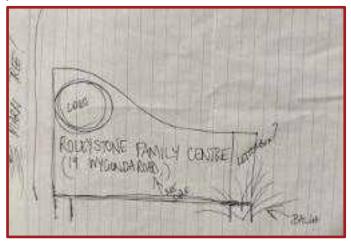


Organisations often use these as an opportunity to mitigate the damage – usually by giving the individual a refund.

However, scammers are adept at hijacking responses and asking the customer to provide their personal details. They are seemingly doing this to facilitate some form of compensation, but it is instead done to compromise their accounts.

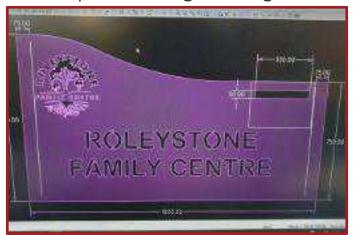
NEW ROLEYSTONE COMMUNITY CENTRE SIGN

recently had a phone call from Deanne of the Roleystone Family Centre enquiring if we could help in replacing the old sign at the Family Centre. She had a design and the sign sponsor, Fraser Williams, both visiting the Shed where Deanne produced the sketch shown in picture shown below.



After a conversation with Neil soon after his return from surgery, he indicated his son-in-law Tibo, worked for a company that could produce such a sign in perforated rusty metal.

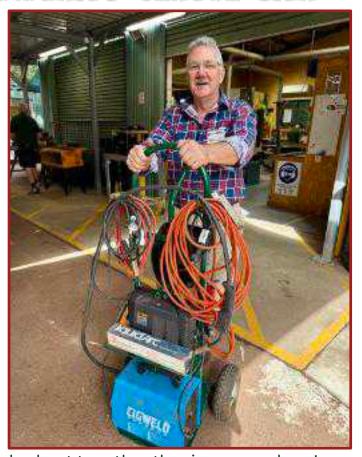
A few text messages later and I received this computer drawing of the sign.



Neil visited Tibo soon after this, and brought it back the Shed to be finished.

As part of the construction, Neil had to add uprights to support it and stiffening, as well as a letterbox. This was initially going to be done under the covered area outside the Shed. But how to weld it out there?

Enter our master of versatility, Paul, who before you could say "portable welder"



had put together the rig you see here! However, things moved fast as Neil is away at the end of the month, so instead he has done all the fabrication at home in his own shed. Pictures below.



As seen from the rear





The back of the letterbox with lockable opening





The finished article as seen from the front, complete with the Family Centre logo and letterbox.

On Sunday 18th the initial site works were carried out at the Family Centre with the finished sign being erected on Tuesday 20th.

The new sign should look even better with age and as it took four to erect it, should remain in place for as long as it takes to rust away!



The site for the new sign





Nothing a new auger can't drill!





The finished sign in place!

The sign is sponsored by Fraser Williams of Bloom Real Estate, Booragoon.

MOT QUITE FINISHED YET!

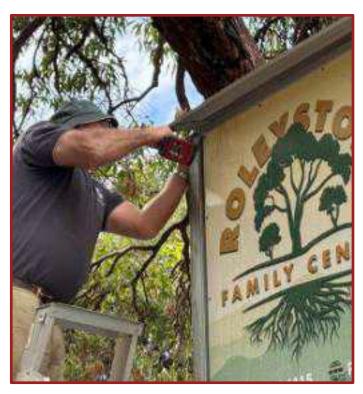




Whilst we were all admiring the new sign, we became aware that the recently erected Roleystone Family Centre sign, again sponsored by Bloom Real Estate, which stood under the adjacent RedGum Tree, had a lot of sap dripping onto it and discolouring it. If left it would slowly obliterate part of the sign.

Solution, give the sign a roof!

No sooner was the suggestion made than Neil was off to scrounge suitable steel to make the modification. His solution above, neatly dropped into the ends of the existing support poles and now the sign is gum tree proof (we hope!).





With the Family Centre sign with it's new hat, there only remained one more job left to do, modify the depth of the letterbox mouth.

Deanna told us that unfortunately, small hands could get in the existing slot and remove mail, so with a little length of angled steel, and two pop rivets - job done!

We hope the Family Centre enjoys their new sign for many years to come, and that it's rusted appearance only enhances Neil's excellent work.

Well done, and thanks to all those who helped with this project.



REPAIR SHOP UNUSUAL JOBS

One of the more unusual recent jobs to come into the Shed via our 'Repair Shop' banner, has been a set of wooden venetian blinds.

It appears that the drawstrings have become worn and tangled. However they are no match for Derek and Keith as they set about restoring these dilapidated sun blockers back to their former working glory. Good luck lads!

DAVID TURNS HIS HAND TO TRACTORS



After producing a squadron of biplanes, David has now produced a handful of tractors!

His technique includes a lot of woodwork as well as employing his newly learned skills with the Co2 laser engraver









DON'T FORGET OUR SPONSORS!



The City of Armadale, whose generous offer to provide and renovate our building, made the Waterwheel Shed a reality.



The Bendigo Bank, who initiated the idea of a "Men's Shed", and have made large donations over the years.



Roleystone Real Estate, who sponsor us on a yearly basis.



The Department of Infrastructure, who have made various donations.



Lotterywest has been our main donator, without whom our Shed would not have been possible.



Department of Veterans' Affairs

Department of Veterans' Affairs, who donated money to buy all the recreation room equipment and furniture.



Jarrah Settlements, a long time yearly sponsor of the Shed.



Men's Sheds of WA, who have provided various smaller donations over the years.



AUSTRALIAN MEN'S SHED ASSOCIATION

Shoulder to Shoulder

Australian Men's Shed Association, have provided donations in the past.

Waterwheel Waffles is the magazine of the Waterwheel Community Shed.
Your contributions, comments & feedback are welcome
Please contact the author at: phil@aked.com.au